

The Catholic Church of St. Francis Xavier
Enid, Oklahoma
The Stations of the Cross

The Stations of the Cross is a devotion to the Sacred Passion, in which we accompany, in spirit, our Blessed Lord in His sorrowful journey from the house of Pilate to Calvary, and meditate on His sufferings and death.

Before each Station genuflect and say: "We adore You, O Christ, and we bless You; because by Your holy Cross, You have redeemed the world." Then meditate upon the scene before you for a few moments.

First Station



Jesus is Condemned to Death

O Jesus! so meek and uncomplaining, teach me resignation in trials.

O Jesus, You desired to die for me that I may receive supernatural life, sanctifying grace, and become a child of God. How precious must be that life. Teach me to appreciate it more and help me never to lose it by sin.

Second Station



Jesus Carries His Cross

My Jesus, this Cross should be mine, not Thine; my sins crucified Thee.

O Jesus, You have chosen to die the disgraceful death on the Cross. You have paid a high price for my redemption and the life of grace that was bestowed upon me. May I love You always and bear my crosses for Yours sake.

Third Station



Jesus Falls the First Time

O Jesus! by this first fall, never let me fall into mortal sin.

O Jesus, Your painful fall under the Cross and Your quick rise teach me to repent and rise instantly should I ever be forgetful of Your love and commit a mortal sin. Make me strong enough to conquer my wicked passions.

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Fourth Station



Jesus Meets His Mother

O Jesus! may no human tie, however dear, keep me from following the road of the Cross.

O Jesus, Your afflicted Mother was resigned to Your Passion because she is my Mother also, and wants to see me live and die as a child of God. Grant me a tender love for You and Your holy Mother.

Fifth Station



Simon the Cyrenian Helps Jesus Carry His Cross

Simon unwillingly assisted Thee; may I with patience suffer all for Thee.

O Jesus, Simon first reluctantly helped You to carry the Cross. Make me better understand the value of my sufferings which should lead me close to You, as Simon was united with You through the Cross.

Sixth Station



Veronica Wipes the Face of Jesus

O Jesus! Thou didst imprint Thy sacred features upon Veronica's veil; stamp them also indelibly upon my heart.

O Jesus, how graciously did You reward that courageous woman. When I side with You against sin and temptation, You surely will increase the beauty of my soul and fill me with joy and peace. Jesus, give me courage.

Seventh Station



Jesus Falls the Second Time

By Thy second fall, preserve me, dear Lord, from relapse into sin.

O Jesus, despite my good resolutions I have sinned repeatedly. But Your sufferings assure me of forgiveness if only I return to You with a contrite heart. I repent for having offended You. Help me to avoid sin in the future.

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Eighth Station



Jesus Speaks to the Women

My greatest consolation would be to hear Thee say: "Many sins are forgiven thee, because thou hast loved much."

O Jesus, You told the women of Jerusalem to weep for their sins rather than for You. Make me weep for my sins which caused Your terrible sufferings and the loss of my friendship with You.

Ninth Station



Jesus Falls the Third Time

O Jesus! when weary upon life's long journey, be Thou my strength and my perseverance.

O Jesus, I see You bowed to the earth, enduring the pains of extreme exhaustion. Grant that I may never yield to despair in time of hardship and spiritual distress. Let me come to You for help and comfort.

Tenth Station



Jesus is Stripped of His Garments

My soul has been robbed of its robe of innocence; clothe me dear Jesus, with the garb of penance and contrition.

O Jesus, You permitted Yourself to be stripped of Your garments. Strip me of sin and clothe me with Your holiness. Grant that I may sacrifice all my unlawful attachments rather than imperil the divine life of my soul.

Eleventh Station



Jesus is Nailed to the Cross

Thou didst forgive Thy enemies; my God, teach me to forgive injuries and FORGET them.

O Jesus, how could I complain if nailed to God's commandments which are given for my salvation, when I see You nailed to the Cross! Strengthen my faith and increase my love for You. Help me keep the commandments.

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Twelfth Station



Jesus Dies on the Cross

Thou art dying, my Jesus, but Thy Sacred Heart still throbs with love for Thy sinful children.

O Jesus, dying on the Cross, You preached love and forgiveness. May I be thankful that You have made me a child of God. Help me to forgive all who have injured me, so that I myself may obtain forgiveness.

Thirteenth Station



Jesus is Taken Down From the Cross

Receive me into thy arms, O Sorrowful Mother; and obtain for me perfect contrition for my sins.

O Jesus, a sword of grief pierced Your Mother's heart when You were lying lifeless in her arms. Grant me through her intercession to lead the life of a loyal child of Mary, so that I may be received by her at my death.

Fourteenth Station



Jesus is Laid in the Tomb

When I receive Thee into my heart in Holy Communion, O Jesus, make it a fit abiding place for Thy adorable Body. Amen.

O Jesus, Your enemies triumphed when they sealed Your tomb. But Your eternal triumph began on Easter morning. Strengthen my good will to live for You until the diving life of my soul will be manifested in heaven.
